

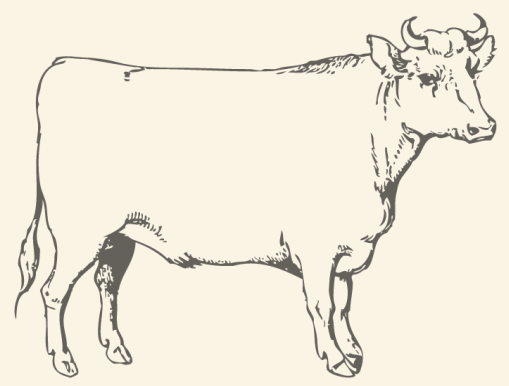
How to Read FOOD LABELS

WHAT DOES IT MEAN?



ORGANIC

Must contain at least 95% organic ingredients and meet USDA organic production, handling, & labeling standards.



REGENERATIVE

There is no federal or state consensus on what the term "regenerative" means.

Here are a few words product labels love to use

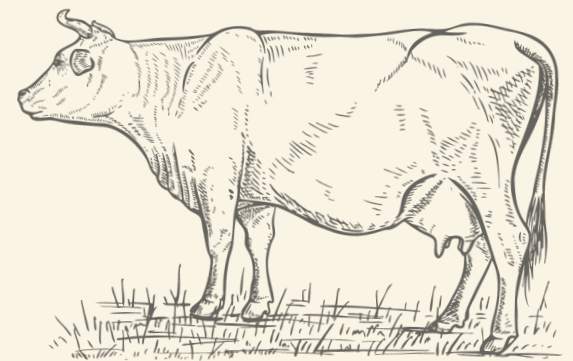
NATURAL

There are no strict federal guidelines governing use of the term "natural" on food labels.



GRASS-FED

Animals cannot be fed grain or grain byproducts and must have continuous access to pasture during the growing season.



FOR MORE INFORMATION!

VISIT: <https://www.ccof.org/why-organic/how-to-read-organic-labels/>





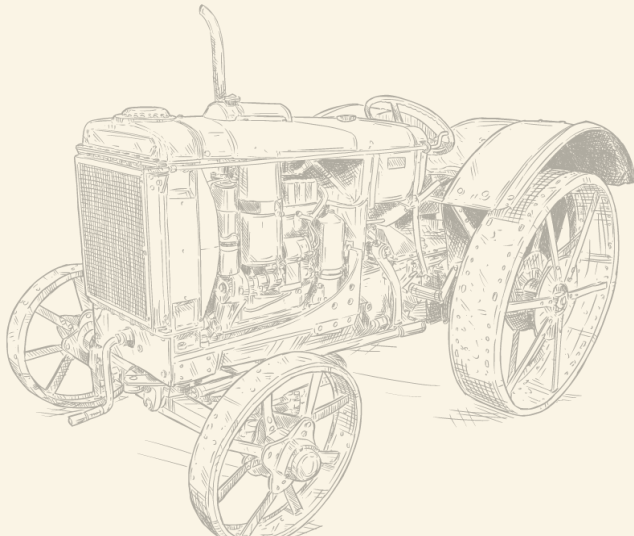
WHY YOU CAN TRUST ORGANIC

“Organic” is the most highly-regulated food label in the U.S.

Organic certifiers ensure that organic businesses stay up to federal USDA organic standards. This includes operating free of prohibited fertilizers, pesticides, and herbicides, improving natural resources such as soil and water, animal and worker welfare, safe product handling, and more.

ORGANIC CAN FEED THE WORLD.

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Funding for Organic Market Development Grant Program was made possible by a grant from the U.S. Department of Agriculture (USDA) Agricultural Marketing Service. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the USDA.

